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## **FOR IMMEDIATE RELEASE**

### **Washington Youth Soccer Releases Educational Materials on Concussion Management**

*FEDERAL WAY, WASHINGTON* (Monday, July 20) – On May 14, 2009 Governor Christine Gregoire signed House Bill 1824 – also known as the Zackery Lystedt Law – which will directly affect youth sports and head injury policies. In preparation of the law becoming effective on July 26, 2009, Washington Youth Soccer has launched a concussion education section on its website. Here you will be able to find resources that explain the law in detail, describe the signs and symptoms of concussion, and outline the steps clubs, associations, coaches, parents and athletes need to take to ensure they are in compliance with the law.

The posted resources will provide clear, concise information that will help administrators, coaches, parents and athletes understand the risks of concussion and the safety benefits the new procedures will bring. In the coming weeks, Washington Youth Soccer will continue to work with all Associations and Clubs to guarantee they are in full compliance with the new head injury management regulations and have all educational materials and resources they need to do so.

Under the new concussion education section on the website, you will be able to find:

- Full text of the Zackery Lystedt Law
- Head Injury Guidelines and Procedures
- Coach's Guide / Fact Sheet (English and Spanish)
- Parent's Fact Sheet (English and Spanish)
- Athletes Fact Sheet (English and Spanish)
- Informed Consent Sheet (mandatory for all Washington Youth Soccer players and parent(s)/guardian(s) to review)
- School District Statement of Compliance
- Links to educational videos

For more information on the Zackery Lystedt Law and resources available, contact Elizabeth Flannery at [elizabeth@wsysa.com](mailto:elizabeth@wsysa.com) or 253.476.2237 x112.

### **About Washington Youth Soccer**

Washington Youth Soccer is the largest youth soccer organization in Washington. Washington Youth Soccer is the state's affiliate for US Youth Soccer, which is the largest sports organization in the United States and the most populous member of the United States Soccer Federation, the governing body for soccer in the United States. The Washington Youth Soccer is the sixth

largest membership in the nation; our organization represents over 128,000 players (ages 4-19) and their families, 15,000 coaches on 12,000 teams and 6,500 referees in the state of Washington. Washington Youth Soccer's mission is to foster the physical, mental and emotional growth and development of the State of Washington's youth through the sport of soccer at all levels of age and competition.

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