

Seattle Sounders FC Youth Development Program 2009

Seattle Sounders FC, in cooperation with Washington Youth Soccer, presents the first 2009 Youth Development Program at Starfire Sports. The YDP will start January 12, 2009 and run for six consecutive Monday nights listed below. The sessions will be split into position specific groups and are designed to complement the current club soccer training experience of the participants.

The YDP will cover position specific training for goalkeepers, defenders, midfielders, and strikers. All four of these groups will participate in this six week program and will be divided among the specific position for the majority of the training and will be brought together at the end of the training to apply the individual work in a game environment. Anyone can sign up for the YDP, but the program is designed for the serious soccer player. The coaching staff will divide the groups based on ability level after the age groups have been established.

The YDP is divided into two age groups for both boys and girls. The 8-12 year old age group trains from 5pm to 6:30pm, and the 13-17 year old age group trains from 6:30pm to 8pm. The emphasis for the YDP is on development as a soccer player, citizenship in your community, and the expression of your individual personality within the game. Designed as a supplement to club soccer, YDP will work on the individual game of each player specific to their position. Limited space is available so sign up today to ensure your participation.

What: Seattle Sounders FC Youth Development Program (YDP)

Where: Starfire Sports Complex

(The complete 2009 schedule is being developed and Sounders FC and Washington Youth Soccer are looking to run YDP at more sites across the State)

When: Starting January 12, 2009 from 5pm to 6:30pm (8-12 year olds) and 6:30pm to 8pm (13-17 year olds)

Dates: January 12, 19, and 26
February 2, 9, and 16

Who: Boys and girls age 8-17 years old (Space is limited so sign up now)

Cost: \$200 for six sessions

Registration: Go to www.soundersfc.com to register under youth academy. Call or email Darren Sawatzky at (206) 622-3415 #122 or darrens@seattlesounders.net with questions.